



**For better
mental health**

**BRENT MIND
ASSOCIATION FOR MENTAL HEALTH**

ANNUAL ACCOUNTS

**for the year ended
31st March 2008**

**Company Registration No: 2504993
Charity Registration No: 1011435**

**HW, CHARTERED ACCOUNTANTS
CHARTERED ACCOUNTANTS & REGISTERED AUDITORS**

**OLD STATION HOUSE
STATION APPROACH
NEWPORT STREET
SWINDON
SN1 3DU**

BRENT MIND (ASSOCIATION FOR MENTAL HEALTH)
(A company limited by guarantee)

**Statement of Financial Activities and Income and Expenditure Account
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Structure, Governance and Management:

Governing document

The charity is a company limited by guarantee and a registered charity. Its governing documents are the Memorandum and Articles of Association dated 23rd May 1990, as amended by special resolutions dated May 2004, 19th Feb 2007 and 17th July 2007.

Recruitment and appointment of directors

Directors of Brent Mind are also the Trustees of the Charity. The Executive Committee Recruitment Policy sets out the procedures to which the charity works and the Articles of Association describes the make up of the Board (Executive Committee). Vacancies are advertised through the press and relevant networks. The application process involves an informal interview. Appointment of directors/trustees takes place following an induction programme.

Up to three directors are elected at the AGM from the membership or service users of Brent Mind. A further eight positions are open to those with expertise or special knowledge in a relevant field. Office is held for two years, but following Board approval, directors can be re-elected to the post for a further two terms of office only.

Induction and training of directors

The Executive Committee Recruitment Policy describes the induction process which includes training on the roles and responsibilities of directors, visits to services to meet staff and services users, and observing meetings. Directors receive a Good Trustee Guide and Induction pack, and attend seminars on subjects tailored to their individual needs.

Organisational structure and decision-making

The Executive Committee sets out the organisation's objectives and aims, and agrees the strategy and policy needed to deliver on those aims. The Executive Committee members include the Directors/Trustees, and the Chief Executive. Business Planning and consultation also takes place through all Staff Meeting and User Involvement events.

The Brent Mind Scheme of Delegation sets out what duties are undertaken by the Executive Committee, as well as the powers delegated to the Executive Committee Sub-Groups and Executive Staff. The Chief Executive is supported by a Senior Management Team consisting of two Service Managers.

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Relationship with Mind (NAMH)

Brent Mind is a Local Mind Association and is therefore affiliated to Mind (NAMH) through an annual subscription. Brent Mind is an independent organisation, but through the affiliation has access to the Mind Brand and logo, and the network of Local Mind Associations.

Risk review

Brent Mind has implemented a Risk Management System and has undertaken an examination of risks potentially affecting the organisation. Risk Registers exist for all services and a Corporate Risk Register is owned by the Board. The registers are periodically reviewed. The key strategic risks are also identified in the Strategic Plan with an overview of mitigating actions.

Objectives

The objects of the charity were changed by special resolution on the 19th February 2007 to:

To promote within the London Borough of Brent and surrounding areas the well-being and recovery of people experiencing mental health problems and distress, in association with and in accordance with the objects of Mind (National Association for Mental health).

The charity's aims are:

- To develop Brent Mind's service users' skills and competencies to be actively involved in, and informing, service delivery.
- To be actively engaged in the promotion of good mental health for those who live and work in Brent.
- To maintain and develop appropriate services and community-based resources that work to improve mental health

The Strategic Objectives for 2007 - 2011 focus on seven key areas:

- Governance
- Service Development and Delivery
- Quality
- Financial Management and Strategy
- Organisational Development
- Partnership
- Publicity and Promotion.

These objectives support the following outcomes:

- Sustainability
- Preserving Mind values in Brent
- Ensuring an efficient and prudent infrastructure
- Ensuring a de-stigmatising view of mental health at all levels of Brent Mind by promoting positive and appropriate responses to mental distress.

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- Achieving a culture of respect throughout Brent Mind
- Developing the Social Enterprise model
- Making better use of corporate data to evidence our work

Key annual objectives for 2007/08 were:

- Sustainability of services
- Preserving Mind values in Brent
- Ensuring an efficient and prudent infrastructure
- Ensuring a de-stigmatising view of mental health at all levels of Brent Mind by promoting positive and appropriate responses to mental distress.
- Achieving a culture of respect throughout Brent Mind
- Developing the Social Enterprise model
- Making better use of corporate data to evidence our work

The key strategies to support this were:

- To develop strategic alliances with LMAs in London.
- To train and develop staff, Trustees and volunteers to operate confidently within the recovery approach.
- To develop quality assurance to achieve PQASSO level 2.
- To develop volunteers and achieve Investors in Volunteers
- Develop the use of IT to capture data and support evidence of the outcomes that we deliver.
- To generate income from a wider range of sources, including the trading of services and development of Well-Business products.

Through 2007/08, Brent Mind's performance was assessed through a number of performance measures. The Key Indicators are:

- 75% of customers and service users state they are satisfied with Brent Mind and at least 50% say they would recommend Brent Mind to a friend.
- 90% of staff are satisfied with their employment at Brent Mind.

The charity's significant activities that contribute to the achievement of its objectives have been:

- Directly supported 1003 clients across Brent Mind
- Provided 176 group-work sessions
- Provided 1908 individual support and therapy sessions

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Activities and their positive impact during the year

Housing

- Provided accommodation and support for 63 people with medium to high support.
- Supported 1 tenant to move on to more independent accommodation in 07/08 and a further 2 have moved on since 31.3.08.
- Provided 205 individual key-work sessions
- Provided 176 group-work sessions.
- One house has been closed for complete refurbishment. A team from an investment bank have volunteered their time to decorate one of the houses. Another house has been decorated by the Registered Social landlord
- The National Outcome Star has been introduced as an assessment tool. This enables workers to focus on improving outcomes for clients, particularly wellbeing and recovery.

Community Services

- Befriending service provided 43 befriending opportunities
- Rainbow, our older women's support group, has an average attendance rate of 15 and now attend weekly aqua swim sessions in partnership with Willesden Sports Centre
- Day service provision (formerly the Social Club) restructured and renamed Horizon Day Service. The new service attracts 45 service users weekly
- Successfully bid for Big Lottery funding via Moving People and set up a new physical health project - Healthy Minds. This project, although still in its infancy, attracts 60 new service users weekly and provides volunteering opportunities for up to 8 volunteers
- Facilitating a physical activity group for Brent's older Irish men (a partnership with Cricklewood Homeless Concern)
- Contact, Horizon and Healthy Minds projects working collaboratively to facilitate a weekly Well-being Group, this Group attracts 15 service users per session, the group focuses on empowerment, healthy living, recovery and self management techniques
- Counselling service with the support of 15 volunteers supported 443 clients through short term therapy and now facilitates 7 supervision groups
- Continuing to work in partnership with the Primary Care Trust to ensure that Brent's communities have improved access to a range to psychological therapies
- 21 young people trained to be Peer educators through our health promotion programme. The service reached out and made contact with 1015 school children across 4 schools as part of the National Curriculum's Physical Social Health Education programme.
- Secured a 3 year grant from National Youth Volunteering Programme to extend our work in Brent Schools and reach those who are considered hard to reach e.g. care leavers, black and minority ethnic, refugees, gay and lesbian communities and those not engaged in employment, education and training

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Volunteer Programme

Brent Mind has 86 volunteers as of 31st March 2008. The volunteers are engaged in a range of activities, including:

- Providing counselling to clients
 - Providing befriending
 - Supporting Social Support Groups
 - Providing Management Consultancy
 - Providing group activities
 - Undertaking administrative and financial support
 - Graphic design
 - IT support
 - Gardening and DIY
 - Supporting Outings and leisure activities
-
- 12 of our former volunteers have gone to secure full or part time employment, and a further 9 have gone on to further or higher education
 - We have increased the number of volunteering opportunities to 60 every week
 - Volunteers are supported to be effective and valued throughout the organisation.

User Involvement

- Bi-annual focus groups of Contact Service users gave us feedback on how to further improve services
- Facilitated a service user consultation which collected the views from service users about what their activity preferences were for Drop-in services for the coming 12 months this event attracted 45 service users
- Through our User Involvement Strategy our young people have developed new training and publicity materials for the beneficiaries of our schools health promotion project

Contact Service

- Provided information, advice and support to 645 people in Brent who are experiencing mental distress.
- A well resourced library has been launched to facilitate access for people for guided self-help

Social Enterprise

- Our Well Business service has attracted interest but few sales as yet. Learning from this project will benefit our soon to be launched Self Referral Counselling service.

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Quality Assurance

- Good progress made towards the achievement of PQASSO at Level 2. This will stand us in good stead for achievement of the Mind Quality Award Silver Standard next year.
- We have been awarded Investor in Volunteers status.
- Supporting People rated our Supported Housing service as having improved from C to B rating.
- Development of a user friendly database to track our work with our service users is almost complete.

Achievements and performance

Achievement against the Key Indicators:

- Income was generated from Big Lottery Projects totalling £244,599 which represents 17% of Income generated and represents an increase of 198% in funding from this source from the previous year.
- 0.1% of turnover in surplus at year-end, an actual of £1.7K, was achieved allowing us to reach break even point.
- 94% of customers and service users surveyed state they are satisfied with Brent Mind.
- 90% of staff surveyed said they were satisfied with their employment at Brent Mind (response rate was 60%).

Factors relevant to achievement of the charity's objectives:

The Senior Management Team has been restructured to decrease infrastructure costs and further improve efficiency. The change interrupted the progress of some strategic plans but the Executive Committee have complete faith in the ability of the new Chief Executive and her team of Service Managers to progress them effectively in the new financial year.

Financial Review

Further details of its financial performance are set out in the Statement of Financial Activities and accompanying notes. Brent Mind operates principles of full cost recovery to allocate central costs based on service activity cost drivers.

Income for the year was less than in 2006/07. The full year effect of the cessation of the Dual Diagnosis contract on 5.10.06 is reflected in the figures. This was mitigated by the restructuring of the Senior Management Team which has resulted in a less costly infrastructure.

The Directors consider that it is desirable for the charity to hold free reserves sufficient to fund the charity's total operating costs for a period of three months in order to safeguard delivery of essential services to beneficiaries if a shortfall in incoming resources should arise. This policy is reviewed on a regular basis. It has been recognised that a proportion of Restricted Reserves related to contracts that have been completed and therefore such funds should be reclassified as Unrestricted. As at 31 March 2008, following this movement in funds from Restricted to Unrestricted, unrestricted general funds not represented by functional fixed assets amounted to £562,135.

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Designated funds have been set aside by the Directors which represent the net assets that have no restrictions placed upon them. Note 15 sets out in detail the unrestricted funds. Designated funds have been used to fund working capital requirements due to long delays to receipts of income from funders.

The charity's principal funding sources during the year have been:

Brent Council Supporting People	£389,562
Brent Council Mental Health Grant	£162,542
Brent PCT	£203,971
Big Lottery Fund	£244,599
Rental Income	£388,550

Plans for future periods

Through 2008/09, Brent Mind's performance will be assessed through a number of performance measures. The Key Indicators are:

- Generate income from independent sources to fund extension of services and new services with a value of £320k.
- 75% of customers and service users state they are satisfied with Brent Mind and at least 50% say they would recommend Brent Mind to a friend.
- 90% of staff are satisfied with their employment at Brent Mind.

Directors

The directors who served during the year and to date were:

Prue Canham	Resigned 23.6.07
Giovanna Casatello	Throughout the year
Christopher George	Throughout the year
Michael Kearney	Appointed 19.3.08
Daniel Levy	Throughout the year
Juliet Obiora	Until 28/9/07 and again from 19.3.08
David Richardson	Resigned 23.6.07
Nicholas Simons	Resigned 11/10/07
Mohammed Soliman	Throughout the year

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Statement of Directors' Responsibilities

Company law requires the directors to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the company as at the end of the financial year and of the income and expenditure of the company for that period. In preparing those financial statements, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the directors are aware:

there is no relevant audit information of which the company's auditors are unaware; and

the directors have taken all steps that they ought to have to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

Auditors

The auditors, HW, Chartered Accountants were re-appointed at the Annual General Meeting on the 11th Oct 2007. This is the third year of their appointment.

This report, which has been prepared in accordance with the special provisions of part VII of the Companies Act 1985, applicable to small companies was approved by the Board on 6th August 2008 and signed on its behalf.

By Order of the Board,

G. Casatello
Chair

6 August 2008

BRENT MIND (ASSOCIATION FOR MENTAL HEALTH)
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Statement of Financial Activities and Income and Expenditure Account
for the year ended
31st March 2008

We have audited the financial statements of Brent Mind (Association for Mental Health) for the year ended 31 March 2008 which comprises the Statement of Financial Activities, the Balance Sheet and related notes. These financial statements have been prepared under the historical cost convention and the accounting policies set out therein.

This report is made solely to the charity's members, as a body, in accordance with Section 235 of the Companies Act 1985. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of trustees and auditors

The trustees' (who are the also the directors of Brent Mind (Association for Mental Health) for the purpose of company law) responsibilities for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom accounting standards are set out in the Statement of Trustees' Responsibilities on page 9.

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (UK and Ireland).

We report to you our opinion as to whether the financial statements give a true and fair view and are properly prepared in accordance with the Companies Act 1985. We also report to you if, in our opinion, the Trustees' Annual Report is not consistent with the financial statements, if the charitable company has not kept proper accounting records, if we have not received all of the information and explanations we require for my audit, or if information specified by law regarding trustees' remuneration and transactions with the charity is not disclosed.

We read other information contained in the Trustees' Annual Report, and consider whether it is consistent with the audited financial statements. We consider the implications for our report if we become aware of any apparent misstatements or material inconsistencies with the financial statements. Our responsibilities do not extend to any other information.

Basis of audit opinion

We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practices Board. An audit includes an examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgments made by the trustees in the preparation of the financial statements and of whether the accounting policies are appropriate to the charity's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

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Opinion

In our opinion:

the financial statements give a true and fair view of the state of the charity's affairs as at 31 March 2008 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;

the financial statements have been properly prepared in accordance with the Companies Act 1985; and

the information given in the Directors' Report is consistent with the financial statements year ended 31 March 2008.

HW, Chartered Accountants
Chartered Accountants
Registered Auditors
Old Station House
Station Approach
Newport Street
Swindon
SN1 3DU
Date:

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**Statement of Financial Activities and Income and Expenditure Account
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	Restricted Funds £	Unrestricted Funds £	2008 TOTAL £	2007 TOTAL £
<u>Incoming Resources</u>				
Incoming resources from generated funds:				
Voluntary income (Note 4)	-	18,098	18,098	36,269
Investment income	-	25,000	25,000	18,702
Incoming resources from charitable activities (Note 5):				
Housing	389,562	388,550	778,112	1,464,334
Counselling	115,876	781	116,657	116,442
Support Services	242,093	7,763	249,856	269,058
Volunteer Project	60,140	-	60,140	58,610
Contact Project	129,648	-	129,648	23,608
Healthy Minds	<u>54,811</u>	-	<u>54,811</u>	-
	992,130	397,094	1,389,224	1,932,052
TOTAL INCOMING RESOURCES	<u>992,130</u>	<u>440,192</u>	<u>1,432,322</u>	<u>1,987,023</u>
<u>Resources Expended</u>				
Cost of generating funds				
Costs of generating voluntary income and other costs	-	-	-	18,143
Charitable activities (note 6)				
Housing	369,822	351,079	720,901	1,231,054
Counselling	114,011	-	114,011	103,424
Support Services	217,048	-	217,048	210,182
Volunteer Project	52,691	-	52,691	57,859
Contact project	161,161	-	161,161	11,692
Healthy Minds/Other	<u>102,889</u>	-	<u>102,889</u>	<u>85,982</u>
	1,017,622	351,079	1,368,701	1,700,193
Governance costs (Note 7)	-	<u>61,848</u>	<u>61,848</u>	<u>100,634</u>
TOTAL RESOURCES EXPENDED	<u>1,017,622</u>	<u>412,927</u>	<u>1,430,549</u>	<u>1,818,970</u>
Net Incoming/(Outgoing) Resources Before Transfers	(25,492)	27,265	1,773	168,053
Transfer between Funds (Note 14)	<u>(311,392)</u>	<u>311,392</u>	-	-
Net Movement in Funds	<u>(336,884)</u>	<u>338,657</u>	1,773	168,053
Fund Balance at 1st April 2007	<u>727,293</u>	<u>223,478</u>	<u>950,771</u>	<u>782,718</u>
Fund Balance at 31st March 2008	<u>390,409</u>	<u>562,135</u>	<u>952,544</u>	<u>950,771</u>

There were no recognised gains or losses other than those shown above.

All of the Company's activities are continuing.

The Notes on pages 15 - 21 form part of these financial statements.

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Balance Sheet
As at
31st March 2008

	£	<u>2008</u>	£	£	<u>2007</u>	£
FIXED ASSETS						
Tangible (Note 11)			279,715			309,197
CURRENT ASSETS						
Debtors (Note 12)	51,734			86,243		
Cash at bank and in hand	<u>797,555</u>			<u>680,981</u>		
	849,289			767,224		
CREDITORS: Amounts falling due within one year (Note 13)			<u>176,460</u>		<u>125,650</u>	
NET CURRENT ASSETS			<u>672,829</u>			<u>641,574</u>
NET ASSETS			<u>952,544</u>			<u>950,771</u>
FINANCED BY:						
Reserves						
Restricted (Note 14)			390,409		727,293	
Unrestricted (Note 15)			<u>562,135</u>		<u>223,478</u>	
			<u>952,544</u>		<u>950,771</u>	

The Notes on pages 15 - 21 form part of these financial statements.

These financial statements, which have been prepared in accordance with the special provisions of part VII of the Companies Act 1985 applicable to small companies were approved by the Board on 6th August 2008 and signed on its behalf.

G. Casatello
Chair

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Notes to the Accounts
For the Year Ended 31st March 2008

1. Accounting Policies

- a) The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice (SORP): "Accounting and Reporting by Charities" published in 2005 and applicable accounting standards. The company's activities are all continuing.
- b) The company manages hostels on behalf of registered housing associations. Under the terms of management agreements between the company and the associations, the company received income and incurs expenditure both as principal and as agent for the housing associations.
- c) The company receives specific allowances from the housing associations towards the costs of furniture replacement and internal decorations. These allowances are credited to provisions and actual costs are charged to the provision.

d) *Grants*

All grants receivable in the year are treated as income in the year.

e) *Depreciation*

Depreciation is provided on the straight line basis in order to write off the cost of tangible fixed assets over their estimated useful lives as follows:

Freehold Property	- Over twenty years
Hostel Furniture	- Over four years
Office Furniture and Equipment	- Over three and five years
Motor Vehicles	- Over four years

The cost of the land has been estimated at £32,000.

Assets with a cost of less than £1,000 are depreciated 100% in the year of acquisition. All assets in excess of £1,000 are capitalised and depreciated using the basis above.

- f) The company has taken advantage of the exemption in Financial Reporting Standard No 1 from producing a cash flow statement on the grounds that it is a small company.
- g) All directly attributable costs have been allocated to the relevant department. All other costs have been allocated on the basis of headcount.

2. Liability of Members

The Company is limited by guarantee, not having a share capital. The liability of members for the payment of debts in a winding up is limited to £1 per member.

3. Taxation

As a registered charity, the Company is exempt from United Kingdom Corporation Tax on its income applied for charitable purposes.

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For the year ended 31st March 2008

4. Voluntary income

	<u>2008</u>	<u>2007</u>
	£	£
Mencap Recharges	6,138	6,886
Mercers Trust	-	1,500
4 Acre Trust	-	2,340
Anonymous Charitable Trust	-	1,000
Hearing Voices	201	3,750
Youth Befriending	-	10,000
Training of Students from Brunel University	-	4,760
Other Donations	11,759	6,033
	<u>18,098</u>	<u>36,269</u>

5. Incoming Resources From Charitable Activities

	<u>2008</u>	<u>2007</u>
	£	£
Housing		
Social Services	-	205,969
Rent and Housing Benefit Receivable	388,550	395,340
Supporting People	389,562	863,025
Counselling		
Counselling	116,657	116,442
Support Services		
Voluntary Sector	-	78,361
Befriending Project	66,668	49,217
Social Club	74,887	57,183
Schools Project	87,314	74,915
Rainbow Group	20,987	9,382
Volunteer Project	60,140	58,610
Contact Project	129,648	23,608
Healthy Minds	54,811	-
	<u>1,389,224</u>	<u>1,932,052</u>

During the year the L.B. Brent Social Services contributed £nil (2007: £205,969) This is due to the charity's having lost its Dual Diagnosis contract last year, L.B. Brent Supporting People £389,561 (2007: £863,025), reduced due to the contract for Brent Mental Health Service no longer being an income and cost to the charity. The L.B. Brent Mental Health Grant contributed £162,542 (2007: £194,143) and Brent Primary Care Trust contributed £203,971 (2007: £191,357).

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6. Cost of Charitable Activities

	<u>Staff Costs</u>	<u>Support Costs</u>	<u>Other Direct Cost</u>	<u>Total 2008</u>	<u>Total 2007</u>
	£	£	£	£	£
Housing	334,509	304,503	81,889	720,901	1,231,054
Schools Projects Costs	52,440		23,099	75,539	58,459
Befriending Costs	49,216	-	13,154	62,370	64,860
Counselling Costs	91,288		22,723	114,011	103,424
Social Club	30,317	-	18,910	49,227	64,950
Rainbow Group	19,916	-	9,996	29,912	20,055
Hearing Voices	5,061	-	1,417	6,478	1,858
Volunteer Costs	38,807	-	13,884	52,691	57,859
Contact Project	126,390	-	34,771	161,161	11,692
Healthy Minds	29,117		18,848	47,965	-
Other	40,368		8,077	48,446	85,982
	817,431	304,503	246,767	1,368,701	1,700,193

Included in other direct costs is depreciation of £29,482 (2007: £30,950).

An agreement has been reached with the Council for the continued occupancy of 379-381 High Road. From 1 May 2006 the Charity will pay £17,750 per annum in rent. The above costs include a full year's charge for 2007 and £16,270 relating to 2006/2007.

7. Governance costs

	<u>2008</u>	<u>2007</u>
	£	£
Salaries	52,425	68,960
Audit Costs 2007/2008 (inclusive of VAT)	7,834	6,973
Administration Costs	1,589	24,701
	61,848	100,634

8. Staff Costs

	<u>2008</u>	<u>2007</u>
	£	£
Salaries and wages	786,917	834,253
National Insurance Contributions	76,103	84,560
Pension contributions	6,836	10,173
	869,856	928,986

The average number of employees during the year was 30 (2007 - 36).

No employee earned more than £60,000.

No Executive Committee Member / Director received any remuneration or reimbursement of expenses from the company during the year (2006 – NIL).

9. Pension Fund

The company operates a money purchase scheme. Contributions are paid on the basis of Employer 3% and Employee 6%.

The scheme is administered by The Pensions Trust.

Pension costs for the year were £6,836 (2007 - £10,173).

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For the year ended 31st March 2008

10. Result for the Year

	<u>2008</u>	<u>2007</u>
	£	£
The surplus for the year is stated after charging		
Depreciation of tangible fixed assets	29,482	30,950
Staff Costs	869,856	928,986
Auditors remuneration (excluding VAT)	7,834	6,973

11. Fixed Assets

	<u>Freehold</u>	<u>Housing</u>	<u>Office</u>	<u>Total</u>
	<u>Property</u>		<u>Furniture</u>	
	£	£	£	£
Cost				
As at 1 st April 2007	368,924	33,561	127,923	530,408
Additions	-	-	-	-
Disposals	-	-	-	-
As at 31st March 2008	368,924	33,561	127,923	530,408
Depreciation				
As at 1 st April 2007	85,499	29,257	106,455	221,211
Additions	16,846	2,704	9,932	29,482
Disposals	-	-	-	-
As at 31st March 2008	102,345	31,961	116,387	250,693
Net Book Value				
As at 31st March 2008	266,579	1,600	11,536	279,715
As at 1 st April 2007	283,425	4,304	21,468	309,197

12. Debtors

	<u>2008</u>	<u>2007</u>
	£	£
Brent PCT	40,532	75,977
Other Debtors (Tenant)	5,939	10,266
Prepayments	5,263	-
	<u>51,734</u>	<u>86,243</u>

13. Creditors: Amounts Falling Due Within One Year

	<u>2008</u>	<u>2007</u>
	£	£
London Borough of Brent	34,021	77,429
Other Creditors and Accruals	124,997	38,139
Deferred Income	17,442	10,082
	<u>176,460</u>	<u>125,650</u>

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14. Restricted Funds

	Balance At 1st April 2007	Incoming Resources	Resources Expended	Transfer Between Funds	Balance At 31st March 2008
	£	£	£	£	£
Counselling ¹	104,512	115,876	114,011	(106,377)	-
Hostel ²	547,656	389,562	369,822	(236,997)	330,399
Social Club ³	-	74,887	49,227	-	25,660
School Project ⁴	38,714	79,551	75,539	(42,726)	-
Befriending Project ⁵	-	66,668	62,370	-	4,298
Rainbow Group ⁶	-	20,987	29,912	8,925	-
Volunteers ⁷	22,603	60,140	52,691	-	30,052
Contact Project	11,916	129,648	161,161	19,597	-
Hearing Voices	1,892	-	6,478	4,586	-
Healthy Minds/Other		54,811	96,411	41,600	-
	727,293	992,130	(1,017,622)	(311,392)	390,409

Details of restricted funds are as follows:

- 1) **Counselling** this is funding and expenditure that is directly related to the counselling service that is provided by the charity. The balance at 31st March 2008 equates to the net book value of the Freehold Property also known as The 383 Centre plus the surplus made by the activity in the year.
- 2) **Hostel** this is funding received in the current contract from the tenants in the form of rent and Supporting People in relation to the activities that the charity provides for its tenants.
- 3) **Social Club** this is funding received from the Mental Health Grant that is directly related to the social club provided by the charity.
- 4) **School Project** this is funding received by Brent Primary Care Trust that is directly related to the Mind Map project provided by the charity.
- 5) **Befriending Project** this is funding received from the mental health grant that is directly related to the Befriending service provided by the charity.

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- 6) **Rainbow Group** this is funding received from the mental health grant that is directly related to the Rainbow Group for older women provided by the charity.
- 7) **Volunteers** this is funding received from the Big Lottery Fund to give clients/users, people in the Black and Minority and Ethnic Community and Young People increased opportunities in volunteering. It is also to increase Brent Mind's efficiency and to help clients by reducing relapses and the need to be admitted to hospital and for clients to experience reduced mental distress.
- 8) **Contact** this is funding received from the Big Lottery Fund to give clients/users access to low-level time-limited support, signposts and facilitates access to relevant services, and maintains the information library and website.
- (9) **Hearing Voices** this is funding from Mind (NAMH) to support people in the community of Brent that hear voices.

15. **Unrestricted Funds**

	Balance at <u>1st April 2007</u> £	Income In <u>The Year</u> £	Expended During <u>The year</u> £	Transfer Between <u>Funds</u> £	Balance at <u>31st March 2008</u> £
Designated Funds:					
Fixed Assets ¹	173,901	-	(14,742)	-	159,159
Total designated funds	173,901	-	(14,742)		159,159
General ²	49,577	440,192	(398,185)	311,392	402,976
Total Unrestricted Funds	223,478	440,192	(412,927)	311,392	562,135

Details of designated funds are as follows:

- 1) **Fixed Assets** – this represents those assets held by the charity that are used in the course of its activities that do not have any restrictions related to them.
- 2) **General** – these are funds that are available for use as the Trustees see fit in relation to the activities of the charity. Within the total unrestricted liquid reserves the reserve fund is held which the aim of the Trustees is to hold 3 months of operating expenditure. Currently this equates to 4 months of current year's expenditure.

16. **Analysis of net assets between funds**

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	<u>Restricted Funds</u>	<u>Unrestricted Funds</u>		<u>Total Funds 2008</u>	<u>Total Funds 2007</u>
		<u>Designated Funds</u>	<u>General Funds</u>		
Tangible fixed assets	120,556	159,159	-	279,715	309,197
Debtors	-	-	51,734	51,734	86,243
Cash at Bank ¹	294,281	-	503,275	797,556	680,981
Current liabilities	(24,428)	-	(152,032)	(176,460)	(125,650)
Total	390,409	159,159	402,977	952,545	950,771