

Brent Mind



For better  
mental health

# BRENT MIND COUNSELLING SERVICE APPLICATION FOR COUNSELLING ASSESSMENT

Your Name: .....

Your address: .....

.....

Is it OK to write to you here? Yes / No

Your phone: .....

Is it OK to phone you on this number? Yes / No

Your date of birth: .....

How did you find out about Brent Mind Counselling Service?

.....

What has made you decide to ask for counselling?

.....

.....

.....

Have you ever had counselling before? Yes / No

If yes, how many appointments (approx)? ..... And  
how did the counselling go that time?

.....

Have you ever seen or been referred to a psychiatrist? Yes / No

If yes, when was that? ..... And why were you referred?

.....

What medication do you take?

Name of Medicine	What is it for?

Who is your GP?

Name: .....

Address of Surgery:.....

.....

Who do you live with? eg

Partner ..... Child/ren: .....

Parents ..... Flat-share: .....

Live alone .....

Who are the important people in your life?

.....

.....

Have you ever thought about killing yourself? Yes / No

If yes, when was that? .....

On the first page we asked about your current situation. Now please tell us a bit about your past. Eg family history, relationship history, significant events

.....

.....

.....

.....

Conditions

This form should be sent to Brent Mind with a cheque payable to Brent Mind for £20. We will put the cheque into the bank straight away and as soon as it has cleared (takes about 10 days) we will contact you to ask you to make an appointment to meet the counselling assessor. If there is anything on your form that makes us think that counselling with Brent Mind might not be the best idea, we will discuss this with you by telephone in advance of the assessment appointment, and return your cheque if it is decided not to go ahead. If a decision not to continue is made after the assessment appointment the fee is not re-fundable. Assessment appointments can only be re-scheduled if you give a week's notice. Cheques will not be returned if the assessment is cancelled.

Declaration

I would like to book an assessment appointment

I have read and understood the conditions above

I have filled in this form and told you as much as I could in my answers

Signed: .....

Date: .....

